

BREAKFAST HARMONY MENU NOVEMBER 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Pancakes Fresh Fruit Milk	2 <i>Cheese and Ham Quesadilla Fruit Milk</i>	3 Cold Cereal Banana Orange Juice Milk
6 Beans and Cheese Burrito Orange Juice Milk	7 Egg with Sausage Bread Apple/Milk	8 Oat Meal Toast Banana / Milk	9 Eggs w/Bacon Burrito Orange Juice Milk	10 Yogurt Toasted Bread Banana Milk
13 Beans Molletes Fresh Orange Milk	14 Scrambled Egg Beans Corn Tortilla Apple/milk	15 Pancakes Fresh Fruit Milk	16 <i>Cheese and Ham Quesadilla Fruit Milk</i>	17 Cold Cereal Banana Orange Juice Milk
20 THANKSGIVING WEEK	21 THANKSGIVING WEEK	22 THANKSGIVING WEEK	23 THANKSGIVING WEEK	24 THANKSGIVING WEEK
27 Beans Molletes Fresh Orange Milk	28 Scrambled Egg Beans Corn Tortilla Apple/Milk	29 Pancakes Fresh Fruit Milk	30 <i>Cheese and Ham Quesadilla Fruit Milk</i>	

HARMONY SCHOOL OF INOVATION NOVEMBER LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken Nuggets Pasta Salad Mix. Vegetables Fresh Fruit Milk	2 Chicken Fingers Pasta Salad Steam Carrots Fruit - Milk	3 Peperoni Pizza Tossed Salad Ranch Dip Fruit Milk
6 Cheeseburger Crinckle Cut Fries Lettuce & Tomato Fruit Milk	7 Bonless Chicken/ or Nuggets/Bread Baby Carrots Green Salad Fruit - Milk	8 Ham & Cheese Subway Pasta Salad Baby Carrots Fruit/ milk	9 Crispy Tacos Mexican Rice/Beans Green Salad Fruit Milk	10 Supreme Nachos With beef and beans Salad Fruit Milk
13 Turkey Menu Muced Potatoes Green Beans Pumking Pie Lemonade	14 Hot Dogs w/Chili Mac & Cheese Baby Carrots Fruit Milk	15 Grill Chicken Mashed Potato Steam corn Fruit/ milk	16 Beef Discada Tacos Mexican Rice Green Salad Fruit - Milk	17 Peperoni Pizza Tossed Salad Ranch Dip Fruit Milk
20 THANKSGIVING WEEK	21 THANKSGIVING WEEK	22 THANKSGIVING WEEK	23 THANKSGIVING WEEK	24 THANKSGIVING WEEK
27 Corn Dog Mac & Cheese Green Beans Fruit Milk	28 Chicken patty burger Crinckle Cut Fries Lettuce & Tomato Fruit Milk	29 Hot Dog Cucumber with lemon Crinkle Cut Fries Fruit / Milk	30 Cheeseburger Crinckle Cut Fries Lettuce & Tomato Fruit Milk	